

Constitution of Dance Break

Dance Break aims to foster a love of dance by creating a dance-centered community; eliminating barriers to participation in dance; and supporting physical, emotional, mental, and social health through dance.

These goals will be achieved through scheduling meetings that will always be optional; welcoming dancers regardless of their dance skill, level, or experience; and engaging with choreography that is accessible to all dancers regardless of their dance skill, level, or experience.

Article I: Application Process

In order to eliminate all barriers to dance, there are no auditions or application process to become a member of Dance Break. All dancers are welcome to join, no matter if they consider themselves to be “good” at dancing, “bad” at dancing, or somewhere in between.

Article II: Non-Discrimination and Anti-Hazing Policies

Dance Break welcomes all students regardless of dance experience or background. Any discrimination on the basis of actual or perceived gender identity, sex, sexual orientation, race, ethnicity, nationality, economic status, physical or mental ability, religion, body type, physical attributes, or dance skill will not be tolerated.

Hazing in any capacity, including “voluntary” or “consensual” hazing, will also not be tolerated.

Article III: Membership

A dancer is an official member of Dance Break if:

- a) The dancer has attended at least one meeting per semester, and
- b) The dancer’s attendance is documented in Dance Break’s records. This can be achieved either through scanning the weekly attendance QR code or by writing the dancer’s name on an attendance sheet, as applicable.

Article IV: Leadership

Dance Break Leadership will be composed of a President (or up to two Co-Presidents) and Treasurer to be elected each school year by popular vote of members, as defined in the above

section. Leadership positions may be officially added through an amendment to the Constitution.

Article V: Leadership Roles

The President(s) of Dance Break is responsible for the following:

- a) Previewing and selecting the choreography for the week's meeting in order to guide members during the meeting,
 - i) The President(s) is additionally encouraged to learn the choreography before the meeting to better assist members, but is not required to do so;
- b) Representing Dance Break at events and meetings, or arranging a substitute representative;
- c) Securing meeting space, or instructing other Leadership members to secure a meeting space; and
- d) Dancing in front of members when appropriate, although skill, beyond the ability to be modeled by dancers, is not required.

The Treasurer will be responsible for any club finances, including, but not limited to:

- a) The purchase of equipment (e.g., speakers, disco ball, dance shoes),
- b) The purchase of snacks,
- c) The purchase of promotional material (e.g., posters, tape, markers, tabling candy), and
- d) The receipt of any club funding (e.g., from UOFC).

Responsibilities shared among Leadership include, but are not limited to:

- a) General club promotion,
- b) Recording and monitoring membership and member attendance, and
- c) Creating and sending meeting invitations (via social media and/or email).

Article VI: Elections

Elections to select the President(s) and Treasurer will be held at the end of each school year, and new Leadership will begin their duties at the beginning of the following school year. Every Member will vote digitally and anonymously.

Article VII: Selection of Choreography

All choreography learned at each meeting will be chosen by the discretion of Dance Break Leadership. Member input is encouraged to ensure that the dances being learned are diverse and engaging for members.

Article VIII: Meetings

Meetings will be held weekly at a consistent time and location established by the Leadership and Founding Members. In the event that the meeting space is too full for continued admittance, dancers may join the meeting on a first-come, first-served basis. However, all choreography will be disseminated before each meeting, allowing Dancers who may not be able to physically attend the meeting to still participate from afar.

Meetings can be expected to include the following sections:

- a) Learning Choreography: The first section of each meeting will include learning the choreography for the day's dance, conducted via the original dance video, a member of Dance Break leadership, a member who submitted choreography, or a combination of these options.
- b) Running Choreography: After the entire dance sequence has been learned, the dance will be run repeatedly to maximize muscle memory encoding and heart rate. While the choreography will have been taught in segments so members feel that they have "learned" the dance, mistakes are not individually corrected or criticized and are in fact encouraged if members dance with more enjoyment.
- c) Free Dancing: For the last segment of the meeting (for the remaining 5-15 minutes), members will be allowed to continue running the instructed choreography or to dance to their own music. The goal is to provide members with a no-judgment time to express themselves through dance.

Article IX: Amendments

The Constitution may be amended by a two-thirds majority vote of Dance Break members. Amendments may only be put to a vote if Dance Break Leadership is informed of the entire proposed amendment and its implications.